



Wednesday 6th November 2024

Dear Parents and Carers,

Re: Anti-Bullying Week



I am writing to share that we will be taking part in Anti-Bullying Week again this year. The Anti-Bullying Alliance has chosen the theme 'Choose Respect'. Their call to action is:

"From playgrounds to parliament, our homes to our phones, this Anti-Bullying Week let's 'Choose Respect' and bring an end to bullying which negatively impacts millions of young lives. This year, we'll empower children and young people to not resort to bullying, even when we disagree and remind adults to lead by example, online and offline. Imagine a world where respect and kindness thrives – it's not just a dream, it's in the choices we make. Join us this Anti-Bullying Week and commit to 'Choose Respect'. What will you choose?"

During their weekly PSHE lesson, children will learn:

- A clear definition of what bullying is and how this differs from falling out with a friend.
- The different forms of bullying.
- That people have different roles in bullying behaviour, including bystanders.
- The feelings of those involved in bullying behaviour
- What to do if you want to talk about bullying

A clear definition of bullying is crucial in understanding what it is and how to respond. The Department for Education defines it as:

'Behaviour by an individual or group, repeated over time, that intentionally hurts another individual or group either physically or emotionally.'

DfE, 2011

We define bullying as emotionally or physically harmful behaviour which is:

- Repetitive, wilful or persistent
- Intentionally harmful, carried out by an individual or a group
- Based on an imbalance of power leaving the person who is bullied feeling defenceless.

We hope this helps you in reinforcing and supporting our definition at home.

Here are some key dates with information about events in school during this week. Please note some involve items of clothing which we hope you already have at home.

<u>Day</u>	<u>Event</u>
Monday 11 th November	<u>Launch of Anti-bullying week</u> Teachers will share with their class that this is Anti-Bullying week, and that they will be learning about this important issue with every other child in the UK.
Tuesday 12 th November	<u>Odd Socks Day</u> Children are invited to wear their fanciest socks- but not a matching pair! This is to show that we are all different, but equal; we all deserve respect.
Wednesday 13 th November	<u>Paul Dix's Positive Noticing Day</u> This is all about noticing something positive about everyone to make them feel good about themselves. Maybe you could try this at home! Here's how it is done: Sit together and share something positive that you notice about them. For example, "I notice that you said that 'thank you' for your snack!"
Friday 15 th November	<u>Children in Need</u> Wear yellow, spots or both for Pudsey! This is a non-uniform day for staff and children- jeans are fine on this day. Donations will be online- please use this link .

I hope this information is useful. If you would like any further information or you have any questions, please speak to your class teacher, or I am available at the start and end of the school day.

Yours sincerely,



Laura Brough
Assistant Headteacher