

Time to talk...

Watch a video on youtube. Billy's Bucket on the 'Kes Gray' channel.

Talk about the kind of shops you visit, the kind of cars you can see outside, the kind of animals we talked about last week, the kind of presents you would like.



This week...

Buckets!

Let's Wonder...

Where would you find a bucket? Who uses buckets? What would you put in a bucket?

Let's create...

Experiment with different powders and liquid to make dough.

Which is the best to create a sand castle?

You could use:

Shaving foam, water, washing up liquid, flour, sand, soil, bubble bath, etc

Let's get active...

Spell your name in exercise. See below.

Write out your name and do the exercises.

Each day you could do a different name

a – 5 star jumps
b – 30 seconds jogging on the spot
c – 10 bunny hops
d – 5 tuck jumps
e – 5 squats
f – 30 seconds running
g – 5 hops left leg, then 5 hops right leg
h – pencil roll
i – 5 torso twists
j – 5 burpees
k – 10 arm circles
l – 12 marches
m – 5 push ups
n – balance on 1 hand and 2 feet
o – balance on 1 foot and 2 hands
p – balance on 1 foot and 1 hand
q – walk like a bear for 30 seconds
r – slither like a snake for 30 seconds
s – 5 sit ups
t – kick your bottom 5 times with each foot
u – dance to your favourite song
v – skip for 30 seconds
w – 5 lunges on each leg
x – throw and catch a ball 10 times
y – 20 giant steps
z – free choice of any of the above