L.I. To read aloud. To link my experiences to a book

The boys laughed and made faces at me, and Mr Gregg told me to go home and mind my own P's and Q's.

Well, that did it!

I saw red.

And before I was able to stop myself, I did something I never meant to do.

I PUT THE MAGIC FINGER ON THEM ALL!



Oh, dear! Oh, dear! I even put it on Mrs Gregg, who wasn't there. I put it on the whole Gregg family.

For months I had been telling myself that I would never put the Magic Finger upon anyone again – not after what happened to my teacher, old Mrs Winter.

Poor old Mrs Winter.

One day we were in class, and she was teaching us spelling. 'Stand up,' she said to me, 'and spell cat.'



'That's an easy one,' I said. 'K-a-t.'

'You are a stupid little girl!' Mrs Winter said.

'I am not a stupid little girl!' I cried. 'I am a very nice little girl!'

'Go and stand in the corner,' Mrs Winter said.

Then I got cross, and I saw red, and I put the Magic Finger on Mrs Winter good and strong, and almost at once . . .

Guess what?

5



Whiskers began growing out of her face! They were long black whiskers, just like the ones you see on a cat, only much bigger. And how fast they grew! Before we had time to think, they were out to her ears!

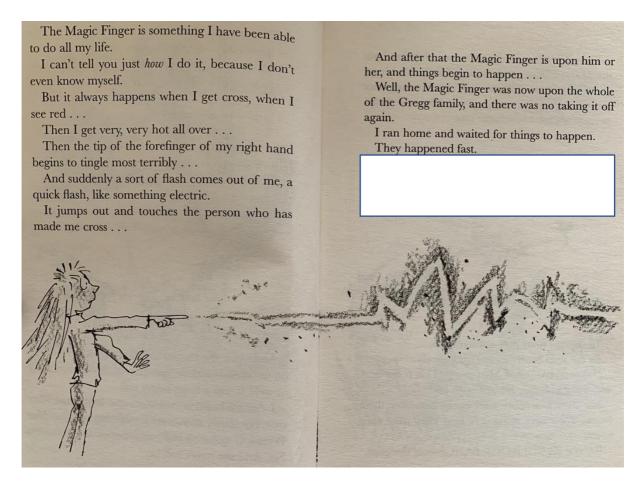


Of course the whole class started screaming with laughter, and then Mrs Winter said, 'Will you be so kind as to tell me what you find so madly funny, all of you?'



And when she turned around to write something on the blackboard we saw that she had grown a *tail* as well! It was a huge bushy tail!

I cannot begin to tell you what happened after that, but if any of you are wondering whether Mrs Winter is quite all right again now, the answer is No. And she never will be.



What do you think "seeing red" means?

Do you have any experiences of seeing red? How did you feel when you lost your temper? What happened to your body?

Could you complete a chart like this for any times that you have felt angry?

'Anger' (before)	Behaviour (during)	Consequence (after)
Mrs Winter called the	She put the finger on	Whiskers begin to grow
girl stupid and told her	Mrs Winter 'good and	on Mrs Winter's face.
to stand in the corner.	strong'.	She grew a tail.
The girl saw red and		Mrs Winter was never
didn't think about what		the same again!
she was about to do.		

How could the girl have acted differently? How could you act differently when you feel angry?