

Lava lamp

- 1. Fill a plastic bottle most of the way with vegetable oil.
- 2. Fill the rest of the flask with water. The water will sink to the bottom under the oil.
- 3. Add a few drops of food colouring. The food colouring is water-based, so it will also sink and colour the water that is now at the bottom of the flask. If you don't have food colouring, don't worry!
- 4. Break an alka-seltzer tablet (or any other dissolvable tablet) into a few small pieces, and drop them in the bottle one at a time.
- 5. Watch your lava lamp erupt into activity! As the reaction slows down, simply add more tablet pieces.