

PE Curriculum Map 2020-2021

Woodston Primary School

Key Stage 1 basic movements e.g. running, catching, balance etc team games (and simple tactics) dance swimming & water safety

Key Stage 2 movement e.g. running, jumping, throwing & catching etc competitive games (and principles for attack and defence) dance

Develop flexibility, strength, control, balance etc (gym) outdoor and adventurous activity compare and improve performances swimming & water safety

Year group / Term	Autumn 1	Autumn 2	Spring 1 (Lockdown)	Spring 2	Summer 1	Summer 2
Early Years	Fundamental movement skills	Multi Skills Dance	Bucket Ronders	Ball Skills – throwing and catching	Bucket Ronders	Swimming x2
Year 1	Ball Skills Dance	Football Benchball	Basketball	Multi Skills	Bucket Ronders Athletics	Swimming x2
Year 1	Ball Skills Dance	Football Benchball	Basketball	Multi Skills	Bucket Ronders Athletics	Swimming x2
Year 1	Ball Skills Dance	Football Benchball	Basketball	Multi skills	Bucket Ronders Athletics	Swimming x2
Year 2	Hockey Ball skills	Basketball	Football	Dance	Ronders/Danish Ronders Athletics	Swimming x2
Year 2	Hockey Ball skills	Basketball	Football	Dance	Ronders/Danish Ronders Athletics	Swimming x2
Year 2	Hockey Ball skills	Basketball	Football	Dance	Ronders/Danish Ronders Athletics	Swimming x2
Year 3	Basketball Ball skills	Netball	Football	Tag Rugby	Ronders/ Danish Ronders Athletics	Swimming x2
Year 3	Basketball Ball skills	Netball	Football	Tag Rugby	Ronders/ Danish Ronders Athletics	Swimming x2
Year 4	Hockey	Health and fitness Football	Tennis	Table tennis OAA	Cricket/Diamond Cricket Athletics	Swimming x2
Year 4	Hockey	Health and fitness Football	Tennis	Table tennis OAA	Cricket/Diamond Cricket Athletics	Swimming x2
Year 4	Hockey	Health and fitness Football	Tennis	Table tennis OAA	Cricket/Diamond Cricket Athletics	Swimming x2
Year 5	Football OAA	Table tennis Hockey	Basketball	Tag Rugby	Cricket/Diamond Cricket Athletics	Swimming x2
Year 5	Football OAA	Table tennis Hockey	Basketball	Tag Rugby	Cricket/Diamond Cricket Athletics	Swimming x2
Year 6	Netball	Health and fitness Table Tennis	Cricket	Hockey	Cricket, Ronders, Softball Athletics	Swimming x2
Year 6	Netball	Health and fitness Table Tennis	Cricket	Hockey	Cricket, Ronders, Softball Athletics	Swimming x2