## Week 3 Autumn Menu - Commencing 20<sup>th</sup> September – 11<sup>th</sup> October

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken goujons, crispy potatoes, spaghetti hoops	Homemade sausage and bean pasta bake	BBQ chicken wrap and rice	Pepperoni pizza, garlic bread and salad	Fish cakes, chips, peas and sweetcorn
or	or	or	or	or
Quorn burger, crispy potatoes, spaghetti hoops	Homemade quorn sausage and bean pasta bake	BBQ quorn fillet wrap and rice	Cheese pizza, garlic bread and salad	Quorn dippers, chips, peas and sweetcorn
	Salad BAR	Fresh fruit/Bread/Salad bar I	Daily	
Homemade carrot cake	Homemade Iced chocolate sponge fingers	Shortbread biscuits	Homemade lemon sponge with custard	Homemade muffins
or	or	or	or	or
Assorted yoghurts	Fruit salad	Jelly	Banana mousse	Choc Ices

We use local fresh ingredients so this is subject to change based on availability

or