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Weeks Commencing: 6<sup>th</sup> June, 27<sup>th</sup> June, 18<sup>th</sup> July 2022

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday			
<b>Main Meal</b>	Chicken goujons in wrap with rice and salad 	Jacket potato with ham or tuna and salad    	Moor Farm pork sausages, roast potatoes and gravy   	Beef lasagne, homemade white sauce, homemade garlic bread  	Fish fingers with skin on fries  			
<b>Meat Free Meal</b>	Quorn chicken goujons in wrap with rice and salad 	Jacket potato with cheese/beans and salad  	Quorn sausages, roast potatoes and gravy   	Quorn and vegetable lasagne, homemade garlic bread  	Veggie Fish fingers with skin on fries 			
<b>Vegetables</b>	Salad	Salad	Cabbage/Carrots	Salad	Beans			
<b>Dessert</b>	Cookies or Chocolate Krispie cake   	Tottenham cake Or Fruit jelly  	Artic roll Or Melting moments   	Muffins Or Chocolate mousse 	Yoghurts Or Fruit salad 			
<p>All meals are prepared fresh on the day using local fresh products when possible No nuts are present in any of our meals or in the preparation area, however some meals contain the following</p>								
 Wheat/Cereals	 Celery	 Barley	 Milk	 Fish	 Eggs	 Soya	 Oats	 Mustard